

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
281,47	40	0:00:00	45	0:00:00	50	0:00:00	55	0:00:00
281,98	45	0:00:45	50	0:00:40	55	0:00:36	60	0:00:33
282,44	45	0:01:22	50	0:01:13	55	0:01:06	60	0:01:00
282,79	45	0:01:50	50	0:01:39	55	0:01:29	60	0:01:21
283,24	45	0:02:26	50	0:02:11	55	0:01:59	60	0:01:48
283,47	40	0:02:45	45	0:02:28	50	0:02:14	55	0:02:02
283,60	45	0:02:56	50	0:02:38	55	0:02:23	60	0:02:11
284,17	45	0:03:42	50	0:03:19	55	0:03:00	60	0:02:45
284,82	45	0:04:34	50	0:04:06	55	0:03:43	60	0:03:24
285,14	45	0:05:00	50	0:04:29	55	0:04:04	60	0:03:43
285,40	30	0:05:20	35	0:04:48	40	0:04:21	45	0:03:59
285,53	45	0:05:36	50	0:05:01	55	0:04:33	60	0:04:09
285,85	45	0:06:02	50	0:05:24	55	0:04:54	60	0:04:28
286,09	45	0:06:21	50	0:05:41	55	0:05:09	60	0:04:43
286,78	45	0:07:16	50	0:06:31	55	0:05:54	60	0:05:24
287,00	45	0:07:34	50	0:06:47	55	0:06:09	60	0:05:37
287,22	60	0:07:51	70	0:07:03	80	0:06:23	90	0:05:51
288,03	60	0:08:40	70	0:07:44	80	0:07:00	90	0:06:23
288,97	50	0:09:36	60	0:08:33	65	0:07:42	70	0:07:01
289,37	60	0:10:05	70	0:08:57	80	0:08:04	90	0:07:21
290,45	50	0:11:10	60	0:09:52	65	0:08:53	70	0:08:04
290,84	50	0:11:38	55	0:10:16	60	0:09:14	65	0:08:24
291,30	30	0:12:11	35	0:10:46	40	0:09:42	45	0:08:50
291,47	50	0:12:31	60	0:11:03	65	0:09:57	70	0:09:04
291,77	50	0:12:53	60	0:11:21	65	0:10:14	70	0:09:19
292,08	45	0:13:15	50	0:11:40	55	0:10:31	60	0:09:35
292,80	45	0:14:13	50	0:12:32	55	0:11:18	60	0:10:18
293,27	50	0:14:50	60	0:13:05	65	0:11:49	70	0:10:46
293,83	60	0:15:31	70	0:13:39	80	0:12:20	90	0:11:15
295,22	40	0:16:54	45	0:14:51	50	0:13:22	55	0:12:11
295,67	40	0:17:35	45	0:15:27	50	0:13:55	55	0:12:40
296,25	50	0:18:27	55	0:16:13	60	0:14:37	65	0:13:18
296,78	50	0:19:05	55	0:16:48	60	0:15:08	65	0:13:47
297,49	50	0:19:56	55	0:17:34	60	0:15:51	65	0:14:27
298,21	50	0:20:48	55	0:18:21	60	0:16:34	65	0:15:07
299,27	50	0:22:04	55	0:19:31	60	0:17:38	65	0:16:05
299,65	60	0:22:32	70	0:19:55	80	0:18:01	90	0:16:26
300,14	60	0:23:01	70	0:20:21	80	0:18:23	90	0:16:46
301,07	35	0:23:57	40	0:21:09	45	0:19:05	50	0:17:23
301,33	50	0:24:24	60	0:21:32	65	0:19:25	70	0:17:42
301,98	60	0:25:10	70	0:22:11	80	0:20:01	90	0:18:15
302,99	55	0:26:11	65	0:23:03	75	0:20:47	75	0:18:56
304,58	50	0:27:55	55	0:24:31	60	0:22:03	65	0:20:12
304,84	55	0:28:14	65	0:24:48	75	0:22:19	75	0:20:26
306,39	60	0:29:55	70	0:26:14	80	0:23:33	90	0:21:41
307,22	65	0:30:45	75	0:26:56	85	0:24:10	95	0:22:14
309,14	60	0:32:31	70	0:28:29	80	0:25:32	90	0:23:27
309,76	60	0:33:09	70	0:29:01	80	0:26:00	90	0:23:52
311,18	50	0:34:34	55	0:30:14	60	0:27:04	65	0:24:48
311,48	50	0:34:55	55	0:30:33	60	0:27:22	65	0:25:05
312,05	50	0:35:36	55	0:31:10	60	0:27:56	65	0:25:37
312,35	65	0:35:58	75	0:31:30	85	0:28:14	95	0:25:53
313,60	65	0:37:07	75	0:32:30	85	0:29:07	95	0:26:41
316,72	65	0:40:00	75	0:35:00	85	0:31:19	95	0:28:39
317,62	65	0:40:50	75	0:35:43	85	0:31:57	95	0:29:13
320,36	65	0:43:22	75	0:37:55	85	0:33:53	95	0:30:57



## STAGE 7

### RT 7.1

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
321,71	55	0:44:36	65	0:38:59	75	0:34:50	75	0:31:48
323,07		0:46:05		0:40:15		0:35:55		0:32:53

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
344,30	40	0:00:00	45	0:00:00	50	0:00:00	55	0:00:00
344,43	50	0:00:11	60	0:00:10	65	0:00:09	70	0:00:08
345,34	60	0:01:17	70	0:01:05	80	0:00:59	90	0:00:55
346,40	60	0:02:20	70	0:01:59	80	0:01:47	90	0:01:37
347,13	70	0:03:04	80	0:02:37	90	0:02:20	100	0:02:06
347,78	65	0:03:38	75	0:03:06	85	0:02:46	95	0:02:30
348,45	50	0:04:15	60	0:03:38	65	0:03:14	70	0:02:55
348,93	65	0:04:49	75	0:04:07	85	0:03:41	95	0:03:20
350,60	60	0:06:22	70	0:05:27	80	0:04:52	90	0:04:23
350,93	55	0:06:42	65	0:05:44	75	0:05:06	85	0:04:36
351,52	50	0:07:20	60	0:06:17	65	0:05:35	65	0:05:01
352,25	60	0:08:13	70	0:07:00	80	0:06:15	90	0:05:42
354,43	45	0:10:23	50	0:08:52	55	0:07:53	60	0:07:09
354,81	60	0:10:54	70	0:09:20	80	0:08:18	90	0:07:32
356,21	70	0:12:18	80	0:10:32	90	0:09:21	100	0:08:28
360,08	65	0:15:37	75	0:13:26	85	0:11:56	95	0:10:47
363,17	55	0:18:28	65	0:15:54	75	0:14:07	85	0:12:44
364,53	80	0:19:57	85	0:17:10	95	0:15:12	100	0:13:42
366,39	75	0:21:21	85	0:18:28	95	0:16:23	100	0:14:49
368,85	65	0:23:19	75	0:20:13	85	0:17:56	95	0:16:17
369,28	65	0:23:43	75	0:20:33	85	0:18:14	95	0:16:34
370,43	65	0:24:46	75	0:21:28	85	0:19:03	95	0:17:17
371,49	65	0:25:45	75	0:22:19	85	0:19:48	95	0:17:57
372,80	60	0:26:58	70	0:23:22	80	0:20:43	90	0:18:47
374,21	60	0:28:22	70	0:24:35	80	0:21:46	90	0:19:43
374,71	65	0:28:52	75	0:25:00	85	0:22:09	95	0:20:03
375,67	75	0:29:45	85	0:25:47	95	0:22:50	100	0:20:40
376,82	75	0:30:41	85	0:26:35	95	0:23:33	100	0:21:21
378,23	70	0:31:48	80	0:27:35	90	0:24:27	100	0:22:12
380,03	35	0:33:21	40	0:28:56	45	0:25:39	50	0:23:17
380,37	60	0:33:56	70	0:29:27	80	0:26:06	90	0:23:41
382,85	55	0:36:25	65	0:31:34	75	0:27:57	85	0:25:20
383,24	65	0:36:50	70	0:31:56	80	0:28:16	90	0:25:37
387,60	65	0:40:52	70	0:35:40	80	0:31:32	90	0:28:31
387,96	60	0:41:12	70	0:35:58	80	0:31:49	90	0:28:46
389,08	60	0:42:19	70	0:36:56	80	0:32:39	90	0:29:31
389,99	60	0:43:13	70	0:37:43	80	0:33:20	90	0:30:07
390,66	40	0:43:54	45	0:38:17	50	0:33:50	55	0:30:34
390,99	40	0:44:23	45	0:38:44	50	0:34:14	50	0:30:55
391,17	40	0:44:39	45	0:38:58	50	0:34:27	50	0:31:08
391,91	55	0:45:46	65	0:39:57	75	0:35:20	85	0:32:02
392,69	70	0:46:37	80	0:40:40	90	0:35:58	100	0:32:35
394,83	60	0:48:27	70	0:42:17	80	0:37:23	90	0:33:52
395,25	50	0:48:52	55	0:42:38	60	0:37:42	65	0:34:08
395,55	70	0:49:14	80	0:42:58	90	0:38:00	100	0:34:25
397,72	60	0:51:06	70	0:44:36	80	0:39:27	90	0:35:43
398,57	60	0:51:57	70	0:45:19	80	0:40:05	90	0:36:17
401,51	65	0:54:53	75	0:47:51	85	0:42:17	95	0:38:15
402,79	70	0:56:04	80	0:48:52	90	0:43:12	100	0:39:03
405,38	70	0:58:17	80	0:50:49	90	0:44:55	100	0:40:37
405,73	70	0:58:35	80	0:51:04	90	0:45:09	100	0:40:49
406,22	60	0:59:00	70	0:51:26	80	0:45:29	90	0:41:07
406,55	60	0:59:20	70	0:51:43	80	0:45:44	90	0:41:20
407,21	55	1:00:00	65	0:52:17	75	0:46:13	85	0:41:46
408,13	60	1:01:00	70	0:53:08	80	0:46:57	90	0:42:25
408,46	65	1:01:20	75	0:53:25	85	0:47:12	95	0:42:39

<b>KM TOTAL</b>	<b>AVERAGE SPEED H1</b>	<b>IDEAL TIME H1</b>	<b>AVERAGE SPEED H2</b>	<b>IDEAL TIME H2</b>	<b>AVERAGE SPEED H3</b>	<b>IDEAL TIME H3</b>	<b>AVERAGE SPEED H4</b>	<b>IDEAL TIME H4</b>
410,29	55	1:03:01	65	0:54:53	75	0:48:30	85	0:43:48
410,72	55	1:03:29	65	0:55:17	75	0:48:50	85	0:44:06
411,94	55	1:04:49	65	0:56:24	75	0:49:49	85	0:44:58
412,91	65	1:05:53	80	0:57:18	90	0:50:36	100	0:45:39
414,00	70	1:06:53	80	0:58:07	90	0:51:19	100	0:46:18
415,02	65	1:07:45	75	0:58:53	85	0:52:00	95	0:46:55
415,59	55	1:08:17	65	0:59:20	75	0:52:24	85	0:47:16
416,02	65	1:08:45	75	0:59:44	85	0:52:45	95	0:47:35
417,09	65	1:09:44	75	1:00:36	85	0:53:30	95	0:48:15
417,94	65	1:10:31	75	1:01:16	85	0:54:06	95	0:48:47
418,62	60	1:11:09	70	1:01:49	80	0:54:35	90	0:49:13
418,81	60	1:11:20	70	1:01:59	80	0:54:43	90	0:49:21
420,73	60	1:13:16	70	1:03:38	80	0:56:10	90	0:50:38
421,29	60	1:13:49	70	1:04:06	80	0:56:35	90	0:51:00
421,79	60	1:14:19	70	1:04:32	80	0:56:58	90	0:51:20
422,59	65	1:15:07	75	1:05:13	85	0:57:34	95	0:51:52
423,17	65	1:15:39	75	1:05:41	85	0:57:58	95	0:52:14
425,71	65	1:18:00	75	1:07:43	85	0:59:46	95	0:53:50
426,70	50	1:18:55	60	1:08:31	65	1:00:28	70	0:54:28
427,07	55	1:19:22	65	1:08:53	75	1:00:48	85	0:54:47
427,91	55	1:20:17	65	1:09:39	75	1:01:28	85	0:55:22
428,35	55	1:20:45	65	1:10:04	75	1:01:50	85	0:55:41
430,27	65	1:22:51	75	1:11:50	85	1:03:22	95	0:57:02
432,18	65	1:24:37	75	1:13:22	85	1:04:43	95	0:58:15
433,33	60	1:25:40	70	1:14:17	80	1:05:31	90	0:58:58
433,70	55	1:26:03	65	1:14:36	75	1:05:48	75	0:59:13
435,19	65	1:27:40	75	1:15:58	85	1:06:59	95	1:00:25
437,30		1:29:37		1:17:40		1:08:29		1:01:44

règlement art. 5.9.3: pointage anticipé autorisé au FNT  
 regulations art. 5.9.3: early check-in allowed at FNT

**MAXI TARGET TIMES**  
**NAVIGATION TEST**  
**NT 7.3**

H4	H3	H2	H1	H2t	H1t
0h24	0h28	0h31	0h35	0h31	0h35

**WAYPOINTS TO VALIDATE**  
**NAVIGATION TEST**  
**NT 7.3**

BOX	PK	TYPE
199	443,97	SNT
200	445,83	WP B
201	448,93	WP B
202	449,99	WP A
203	450,34	WP A
204	451,50	WP A
205	454,54	WP B
206	455,50	WP A
207	456,47	WP A
208	457,46	FNT

**DUNE TEST  
DT 7.4**

**NOMBRE TOTAL DE WAYPOINTS  
TOTAL NUMBER OF WAYPOINTS**

**SDT + 8 waypoints + FDT**

**NOMBRE MINIMUM DE WAYPOINTS À VALIDER  
MINIMUM NUMBER OF WAYPOINTS TO VALIDATE**

**SDT + 6 waypoints + FDT**

**PÉNALITÉ DT NON RÉALISÉ  
PENALTY DT NON COMPLETED**

**200 POINTS**

règlement art 5.10.2: pour être considéré comme réalisé le Concurrent doit avoir validé les Waypoint SDT et FDT et ainsi qu'un nombre minimum de Waypoints entre ces 2 points

*regulation art 5.10.2: to be considered completed, the Competitor must have validated Waypoints SDT and FDT as well a define number of Waypoints between these 2 points*

KM TOTAL	AVERAGE SPEED H1	IDEAL TIME H1	AVERAGE SPEED H2	IDEAL TIME H2	AVERAGE SPEED H3	IDEAL TIME H3	AVERAGE SPEED H4	IDEAL TIME H4
475,32	40	0:00:00	45	0:00:00	50	0:00:00	55	0:00:00
475,67	55	0:00:31	65	0:00:28	70	0:00:25	75	0:00:22
476,28	60	0:01:11	70	0:01:01	80	0:00:56	90	0:00:52
476,77	65	0:01:40	75	0:01:26	85	0:01:18	95	0:01:11
477,72	65	0:02:33	75	0:02:12	85	0:01:58	95	0:01:47
479,00	65	0:03:44	75	0:03:14	85	0:02:53	95	0:02:36
479,66	65	0:04:20	75	0:03:45	85	0:03:21	95	0:03:01
480,72	65	0:05:19	75	0:04:36	85	0:04:05	95	0:03:41
482,63	60	0:07:05	70	0:06:08	80	0:05:26	90	0:04:53
483,23	60	0:07:41	70	0:06:39	80	0:05:53	90	0:05:17
486,76	60	0:11:13	70	0:09:40	80	0:08:32	90	0:07:39
488,29	55	0:12:44	65	0:10:59	70	0:09:41	75	0:08:40
488,93	70	0:13:26	80	0:11:34	90	0:10:14	100	0:09:10
489,69	60	0:14:05	70	0:12:09	80	0:10:44	90	0:09:38
490,85	70	0:15:15	80	0:13:08	90	0:11:37	100	0:10:24
491,62	75	0:15:55	85	0:13:43	95	0:12:07	100	0:10:52
492,10	55	0:16:18	65	0:14:03	70	0:12:26	75	0:11:09
492,96	35	0:17:14	35	0:14:51	35	0:13:10	35	0:11:51
493,30	60	0:17:49	70	0:15:26	80	0:13:45	90	0:12:25
494,11	70	0:18:38	80	0:16:07	90	0:14:21	100	0:12:58
494,83	60	0:19:15	70	0:16:40	80	0:14:50	90	0:13:24
495,64	55	0:20:03	65	0:17:21	70	0:15:26	75	0:13:56
497,19	55	0:21:45	65	0:18:47	70	0:16:46	75	0:15:11
497,80	60	0:22:25	70	0:19:21	80	0:17:18	90	0:15:40
498,44	45	0:23:03	50	0:19:54	55	0:17:46	60	0:16:05
498,68	55	0:23:22	65	0:20:11	70	0:18:02	75	0:16:20
499,64	45	0:24:25	50	0:21:04	55	0:18:51	60	0:17:06
500,06	50	0:24:59	60	0:21:35	65	0:19:19	70	0:17:31
500,82	55	0:25:53	65	0:22:20	70	0:20:01	75	0:18:10
502,92		0:28:11		0:24:17		0:21:49		0:19:51

règlement art. 5.9.3: pointage anticipé autorisé au FNT  
 regulations art. 5.9.3: early check-in allowed at FNT

**MAXI TARGET TIMES**  
**NAVIGATION TEST**  
**NT 7.6**

H4	H3	H2	H1	H2t	H1t
0h40	0h46	0h52	0h58	0h52	0h58

**WAYPOINTS TO VALIDATE**  
**NAVIGATION TEST**  
**NT 7.6**

BOX	PK	TYPE
260	506,08	SNT
263	507,80	WP A
266	510,91	WP A
268	511,67	WP A
269	512,13	WP A
270	513,65	WP A
272	515,89	WP B
273	516,94	WP A
274	517,87	WP A
275	518,07	WP A
278	519,69	WP A
279	520,66	WP A
282	523,74	WP A
286	526,24	WP A



<b>BOX</b>	<b>PK</b>	<b>TYPE</b>
288	528,56	WP A
289	528,81	WP A
291	529,34	WP A
292	529,60	FNT